

## Clarens Golf and Lifestyle Estate



Friday 20 July

8.00 - 9.00

**Breakfast and registration**

Dr Vicky Nicolaou – endocrinologist – **Ocular manifestations of endocrine disease**

Dr Stef Guglielmetti – ophthalmologist – **Keratitis: What gives?**

Dr Vicky Nicolaou – endocrinologist – **Topic to be confirmed**

12.00 -14.00

**Lunch**

Martelie Burger – optometrist – **A practical guide to achieving binocular vision in amblyopia**

Veronica van Niekerk – physiotherapist – **Practitioner Problems**

16.00 -16.30

**Tea/ Coffee**

Dr Claude Botha – psychiatrist – **On Lobsters and not seeing the gorilla! Perception and the regulation of anxiety**

From 17.30

**Evening free**



## Saturday 21 July

8.00 – 8.30

**Coffee/ Breakfast**

Prof André Venter – pediatrician – **ADHD: What's new?**

Fanie Kriel – optometrist – **Cyber security**

Prof André Venter – **Autism: A misunderstood condition**

12.00 – 14.00

**Lunch**

Dr Francois van Niekerk – general practitioner – **Through the ages**

Panel – **Topic to be confirmed**

16.00 – 16.30

**Coffee**

Dr Jonita van der Walt – dermatologist – **UV alert**

From 17.30

**Zeiss/ Synapse event**

## Sunday

8.00 – 8.30

Coffee

Panel discussion – optometrist, GP, endocrinologist, ophthalmologist, radiologist, physiotherapist, psychiatrist

– **Pituitary tumours**

– **NIII palsy**

10.30 – 11.00

Brunch

Dr Mandie Cilliers – radiologist – **Seeing what I see**

12.00 – 12.30

Brunch

Dr Jaco Cilliers – neurologist – **Parkinson's and other gait disorders**

13.30 – 14.00

Break

Dr Nina Kriel – optometrist – **My HPCSA registration: Where does it go?**

15.00

Programme Ends

Please note that the programme is subject to change. If you are planning on attending a specific session, please notify the organisers and you will be kept informed should there be any changes.



### Accommodation

Self-catering accommodation at the Clarens Golf and Lifestyle Estate can be booked directly through Johan (0834479925, [info@clarens golfvillas.co.za](mailto:info@clarens golfvillas.co.za)) or Jeanelle ([info@chms.co.za](mailto:info@chms.co.za), 0822850021). Please

contact Roxanne in the Synapse office ([optometry@synapse.org.za](mailto:optometry@synapse.org.za)) should you need further information or assistance.



**Prof Andre Venter** is the head of pediatric and child medicine at the University of the Free State, and chief specialist at Universitas Hospital. His diverse interests started with congenital disease - his MMed thesis was on congenital syphilis and his PhD, completed in Alberta, Canada, on congenital hemiplegia – and have detoured through pediatric nutrition, psychiatry and neuro-development.

He has been the national chair of the **Paediatric Neurology and Developmental Association of SA (PANDA)** since 1996, and elected member of the International Child Neurology Association since 1997 and has served on the Executive Council of the International Paediatric Chairs Association since 1998. He is extensively published, both journal articles and text book chapters. His current interest is in pediatric neurology and child development, particularly hyperactivity, autism and children with special needs.

**Saturday:** ADHD: What's new? New directions in medication, biological markers and non-medical interventions.

**Saturday:** Autism Spectrum Disorder: A misunderstood condition. What does this diagnosis mean and how could it present.



**Dr Vicky Nicolaou** qualified with honours at Wits in 1992. She then trained as a physician, completing her fellowship at Chris Hani Baragwanath Academic Hospital (CHBAH). Her Masters in Medicine (MMed) thesis examined thyroid disorders in pregnancy, and was recently published in the South African Journal of Obstetrics and Gynaecology. Besides practising full time, she is actively involved in the training and

examination of both under- and postgraduate medical students as well endocrine fellows.

She currently heads the Gestational Endocrine Clinic at CHBAH, the 3<sup>rd</sup> largest hospital in the world, and has a particular interest in diabetes and thyroid disorders in pregnancy. She recently reviewed and updated the latest South African guidelines for the management of diabetes in pregnancy, and has contributed to various chapters on this topic. She is pursuing her PhD in the field of gestational diabetes and maternal health. She is on the review committee of the local endocrine journal JEMDSA.

Her interest in thyroidology was instilled by world authority in the field, Professor SJ Mandel, who mentored and trained her. She now runs a dedicated thyroid service at the CHBAH, performing both general thyroid/parathyroid sonography and fine needle aspiration of thyroid nodules where necessary as well as treating patients with thyroid cancer.

**Friday: Ocular manifestations of endocrine disease**

**Friday: Topic to be confirmed**



**Dr Claude Botha** grew up in Kwazulu-Natal, completed his undergraduate training at the University of Pretoria and his specialist training at Charing Cross & St Mary's in London. He then pursued a postgraduate research degree in gastric neuroscience, focusing on the psycho-autonomic components of visceral pain regulation. He has collaborated on international research projects and

co-authored and contributed to various articles and textbooks. He is currently assistant professor at Dalhousie Medical School, Halifax, Canada and works at the St John Hospital, New Brunswick. He is particularly fond of dining on lobsters, which, to his delight, are to be found in abundance in maritime Canada.

**Friday: On Lobsters and gorillas! Perception and the regulation of anxiety.**



Ophthalmologist **Dr Stef Guglielmetti** practices out of the Johannesburg Vision Clinic. He has a special interest in laser and refractive anterior surgery, and keratoconus management. He is consultant ophthalmologist to the University of Johannesburg Optometry Department.

**Friday:** Keratitis – what gives?

**Veronica van Niekerk** is a physiotherapist, practising in Newcastle. She qualified at Pretoria and worked in the USA and Scotland before returning to South Africa. She finds in-hospital rehabilitation particularly satisfying, and has a special interest in acupuncture.

**Friday:** Practitioner Problems



**Martelie Burger** is an optometrist in private practice in Pretoria, where she focuses exclusively on binocular vision and pediatric optometry. She is a 2005 UFS graduate and an international member of the College for Vision Development (COVD). She is a member of the SAOA coding committee.

**Friday:** A practical guide to achieving binocular vision in amblyopia.



**Dr Jonita van der Walt** completed her MMed in dermatology with distinction, and is currently in private practice in Bloemfontein.

**Saturday:** UV alert!

**Fanie Kriel** graduated (cum laude) from (then) RAU in 1990 and completed the NECO CAS<sup>5</sup> courses. For reasons that baffle his wife and friends, he has studied maths, physics and astronomy through UNISA. He is a rich repository for random scientific facts, in astonishing contrast to his inability to select the correct brand of tea when sent grocery shopping.

He is in private practice in East London and enjoys, often only after the fact, challenging contact lens fits and new technology. He enjoys mountain biking and wine, but not at the same time. (He also left this bio for his wife to write.)

### **Saturday:** Cyber Security



**Dr Francois van Niekerk** completed his undergraduate studies in Pretoria, then worked in Scotland for 12 years where he also completed a diploma in mental health before returning to SA to work as a family physician in Newcastle.

**Saturday:** Through the ages: Who gets what, and at what age?

**Dr Mandie Cilliers** is a diagnostic radiologist and a partner in Spies and Partners in Bloemfontein. Having qualified at UFS, she worked in East London, Potchefstroom and in the UK before returning to SA. She did a diploma in anaesthesiology before specialising in radiology. She is a busy mom of 2, enjoys running, cycling, swimming, playing the guitar, and when time allows, art.

**Sunday:** Seeing what I see



**Dr Jaco Cilliers** is a neurologist in private practice, based at the Bloemfontein Mediclinic. He qualified (cum laude) and later returned to specialise in Bloemfontein, in the interim working in East London, Potchefstroom and the United Kingdom.

He has a special interest in Parkinson's disease and movement disorders and is part of the team doing Deep Brain Stimulation procedures for patients with Parkinson's and other movement disorders. He is also involved with contract research at the IATROS International Research Unit.

In his spare time he plays the cello and enjoys (yes, he used that word!) endurance sport. He has notched up several Ironman triathlons, the Comrades, the Otter trail run and several mountain bike and trail run events.

**Sunday: A clinical approach to Parkinson's and gait disorders**

**Dr Nina Kriel** is an optometrist in private practice in King William's Town. Her wandering attention has resulted in a motley collection of degrees. She is a past education chair and president of the South African Optometric Association, has lectured practice management and medical law to students at UJ and UFS and is currently the chair of the PBODO Prelim Committee. Her interests are varied, the most enduring being writing, surfing the internet and travelling. She is responsible for the optometry section of Synapse, which creates opportunities for optometrists to share and learn from each other, and from other professions. In her spare time she... wait, spare time?

**Sunday: Your HPCSA registration: Where does it go? (Ethics/ Medical Law)**

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