

## Port Alfred Congress: Better Performance

Dates: 26 - 28 July, 2019

Venue: Royal St Andrews Hotel, Port Alfred, Eastern Cape.

Cost: R4500 (includes congress registration (17 CPD points) breakfasts, teas, lunches, Saturday night function, access to 30 online CPD points via Synapse Academy.)



### Speakers

**Prof Langis Michaud** completed his qualifications at the University of Montreal and the École Nationale d'Administration Publique (ENAP). He currently heads up the Contact Lens department at the University of Montreal's Optometry School. He has published numerous articles in peer-reviewed journals, publications and professional reviews and has co-authored the International Myopia Institute's [Clinical Management Guidelines](#).

He has authored more than 35 chapters of books, edited in France and USA.

He is a diplomate of the American Academy of Optometry, a fellow of the British Contact Lens Association, the Scleral Lens Education Society and the European Academy of Optometry. He is a regular speaker at major optometry and ophthalmology meetings around the world and has presented at BCLA and the GSLS's annual event in Las Vegas.

**Myopia control (Friday 26 July)**

**Scleral Lenses: What's new? (Saturday 27 July)**

**Mariaan Botha** is an **audiologist & speech language pathologist**. She started her career at the Prospectus Novus School for learners with specific learning disabilities and other related problems before entering private practice. She is active in the national professional association (SA Association of Audiologists) and is passionate about increasing awareness of hearing protection & hearing conservation.



**Vision and Hearing Co-morbidity (Friday 26 July)**

**Jane Jarvis** is an **educational psychologist** at the Diocesan School for Girls in Grahamstown, where her focus is on optimising performance in school children. She has published a book on reading performance and has a particular interest in managing ADHD in the learning and classroom context.



**Reading: What does it take? (Friday 26 July)**

**Reading: Better performance (Friday 26 July)**

**Dr Janet Edeling** is an **ophthalmologist** with a special interest in corneal and refractive surgery. On weekends she lives netball. She is one of only 33 International Umpire Award recipients worldwide, and will be rushing back from umpiring at the Netball World Cup in the UK to present on **Corneal Curveballs (Friday 26 July)**



**Prof Jon Patricios** (MBBCh, MMedSci, FACSM, FFSEM(UK), FFIMS) is the director of Waterfall Sports Orthopaedic Surgery in Johannesburg and lectures at the University of the Witwatersrand. He is better known as the sports concussion consultant to the SA Rugby Union, founder of Sports Concussion SA, and as the author of the concussion protocols for the *BokSmart* injury prevention programme. He is on the *World Rugby Concussion Advisory Group*, board member of the international *Concussion in Sports Group* and has served on tribunals for the *SA Institute for Drug Free Sport*. He holds fellowships with the American College of Sports Medicine, the Faculty of Sports & Exercise Medicine (UK) and the International Sports Medicine Federation, and serves on the Advisory Board of the University of Washington's Sports Health and Safety Institute. He is a senior editor of the *British Journal of Sports Medicine* and *Current Sports Medicine Reports* and served 2 terms as President of the SA Sports Medicine Association. He serves on the medical committees of Cricket SA and SA Rugby. Jon is a co-author on the *5th International Consensus Statement on Concussion in Sport*. He authored the sports concussion chapters of the *International Sports Medicine Federation (FIMS)* manual on injury management, *Netter's Sports Medicine* and the *SA Rugby Union BokSmart* concussion protocols (2008-2019).

He has spoken on sports medicine and concussion internationally, including the International Olympic Committee Injury Prevention Conferences (2011, 2014, 2017) and the International Conference on Sports Concussion (2008, 2012, 2016). [Click here](#) for more.

### Concussion - clearing the clutter (Saturday 27 July)

**Lisa Grenfell** (BA HMS, BA Hons Biokinetics, MA Exercise Science, HDE) is a biokineticist and senior lecturer at the Biokinetics and Sports Science Unit of the Nelson Mandela University.

**Matthew Bonnesse** lectures in the same department and has a particular interest in visual skills training for athletes, having completed his Masters (cum laude) on the topic of visual skills training for cricket fielders.

### Biokineticists: Where do they fit into the multidisciplinary team? (Saturday 27 July)

### Eye movements from the biokineticist's perspective (Saturday 27 July)

**Dr Andre Evans** is an anesthetist with the KeiMed Group in East London.

He qualified at the UFS School of Medicine and has worked in SA and Australia.

He enjoys spending time with his family, riding his mountain bike and drinking fine wine.

### Feeling(s) (Saturday 27 July)

**Andréa von Delft**, physiotherapist and TB activist, says she never knew much about TB until her GP husband was diagnosed with drug-resistant TB as a result of exposure at work. The experience opened her eyes to the impact of TB on a loved one, and on their family.

She started working at TB Proof where she has helped to develop an open-source online educational tool for healthcare practitioners, and organised the #UnmaskStigma campaign which takes place on World TB Day, 24 March.

For more, [click here](#).

### Are you TB Proof? (Saturday 27 July)



**Dr Jeanné Oosthuysen** is an infection control specialist. She qualified as an oral hygienist at Stellenbosch, did the specialisation for orthodontics at Pretoria and then completed an Infection Control programme at the University of the Free State, School of Nursing (Cum Laude). She has lectured and published extensively on the topic, and when she's not lecturing, she enjoys music, photography and the outdoors.

**Infection prevention and control: Can I touch that? (Saturday 27 July)**



**Dr Oladayo Awotedu** is a **pediatrician and allergist**, living (as she says) her best life and doing what she loves as a senior specialist in pediatrics at Cecelia Makiwane Hospital. She runs the high care neonatal ward as well a pediatric allergy service. For fun, she runs a weekly allergy clinic at Frere Hospital and a private adult and pediatric allergy service on a Saturday. She is a graduate of the Walter Sisulu University and UCT where she did her pediatrics training and fell in love with the world of allergy. She completed her Diploma in Allergology in 2017. She is an external examiner for the College of Medicine in the Diploma in Child Health, Diploma in Allergology and College of Pediatricians. In her spare time, she raises a lovely husband and 3 kids, loves teaching patients and parents, nurses, medical students, doctors and pretty much any captive audience. **Allergies, allergies everywhere! (Sunday 28 July)**

**Jorina Lombard** qualified via the Association of British Dispensing Opticians and trained in optical laboratory practice, surfacing and edging. She has been the external examiner and moderator, dispensing, at UJ for the past 8 years. She is actively involved in the current and future development of dispensing opticianry in SA and is a member of the International Opticians Assoc keeping track of technology worldwide.

**Performance Prescribing (Sunday 27 July)**

**Prescribing for industrial settings (Sunday 27 July)**



**Sarah Khan** is a Durban-based healthcare practice management consultant. She conducts practice management workshops nationwide, training professionals and their staff to use their practice management software for better practice and business performance. She is a value added dealer for Health Focus.

**Management for better performance (Sunday 28 July)**

Sarah is conducting a half-day training for healthcare practitioners, managers and staff on Saturday 27 July in Port Alfred. The cost for training, lunch and tea is R850, and payable to Sarah directly. Please contact the Synapse office to register, indication your preference for the morning or afternoon session: [optometry@synapse.org.za](mailto:optometry@synapse.org.za)

**Owen Hilliar** is an optometrist based in Pietermaritzburg and Port Alfred. He has a keen interest in challenging CL fits, and sharing his experiences with his peers and colleagues. He introduced a keratoconus clinic to the public hospitals in Pietermaritzburg, expanding treatment options in the public sector to match those available in the private sector, and was instrumental in getting Edendale Hospital registered as the South African site for the NECO OD programme. He shares tips for **Better Performance in CLs, Sunday 28 July.**

**Lesley Mynhardt** completed diplomas in general nursing and midwifery before taking the occupational health route. A B Nursing Science (Community Health and Nursing Administration) paved the way, and she has added certificates in ergonomics, hazard identification and risk assessment (HIRA) and SAMTRAC, is a certified dispensing practitioner and licensed audiometrist. Currently with Gompo Occupational Health Services in East London, she has been involved in occupational health in the food, engineering, mining, textile, motor manufacturing and construction industries.

### **Occupational Health & Safety (Sunday 28 July)**

**Henry Alexander** is an optometrist practising in Sea Point. His diverse post graduate qualifications (amongst others, an MBA(USB) and MPH(UWC)) have exposed him to the business and the public health side of our profession. He shares his thoughts on **Threats and Opportunities (Friday 26 July at 15.00)**

#### **Friday 26 July**

**Registration: 8.00**

**Lectures: 9.00**

- Vision and hearing co-morbidity
- Reading: What does it take?

**Tea: 11.00**

- Reading: Better performance

**Lunch 12.30**

- Myopia control
- Challenges and Opportunities

**Tea: 15.30**

- Corneal Curveballs

**Closing: 17.00**

#### **Sunday 28 July**

**Lectures: 8.30**

- Performance Prescribing
- CL Performance Tips
- Allergies, allergies everywhere!

**Brunch: 11.30**

- Industrial Safety
- Industrial Vision
- Management for better performance

**Closing: 14.00**

We look forward to seeing you there!

#### **Saturday 27 July**

**Lectures: 8.30**

- Concussion - clearing the clutter

**Tea: 10.30**

- Scleral lenses: What's new?

**Lunch: 12.30**

- Biokineticists: Where do they fit into the multidisciplinary team?
- Eye movements from the biokineticist's perspective
- Are you TB Proof?

**Tea: 15.30**

- Feeling(s)
- Infection control

**Closing: 17.30**

**Coopervision Event: Saturday 18.00 at the Royal St Andrews Hotel.**

